

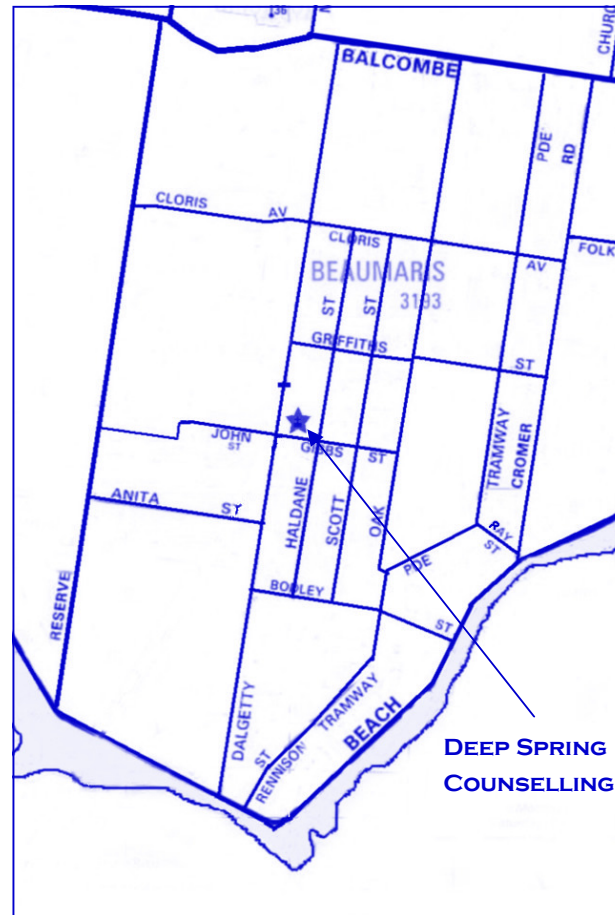
Deep Spring Counselling is an outreach initiative of the Beaumaris / Black Rock Uniting Church.

The centre is located at St.Martin's Uniting Church, Beaumaris, where pleasant and private rooms are dedicated to counselling.

Counselling sessions are available during the day or evening on most days of the week, by appointment only.

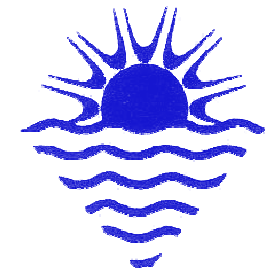
All sessions are confidential.

Please telephone 9589 7172 for an appointment



Located at St.Martins Uniting Church
Cnr. Gibbs Street & Dalgetty Road

MELWAY MAP 86 E7
NEAREST BUS STOP NO. 64 TRAMWAY PDE



DEEP SPRING COUNSELLING

*Low cost Counselling for
Individuals, Couples and Families*

(03) 9589 7172

PSYCHOLOGISTS



Mary Larsen MAPS

B.Soc.Sc (Family Studies)
Dip. Pastoral Psychotherapy
(Marriage & Family Therapy)
Cert. Australian Society Hypnosis.

Mary works as a Psychologist in private practice in Beaumaris and Sandringham, as well as at Deep Spring. She has also trained in psychotherapy and hypnotherapy. Mary is registered with Medicare, WorkCover, Victims of Crime and Department of Veterans' Affairs.

Mary has experience working with issues of self-esteem, anxiety, depression, stress, addictions, trauma, loss and grief, relationship issues as well as personal growth.

She enjoys working with individuals, couples and families to enhance their well being.



Geoff Hinde

B.A. (Psych) T.S.T.C.
Relationship Counselling (Adv.Cert.)
Psychotherapy (Cert. Cairnmillar)

Geoff is an experienced psychologist having private practices in Bayside, Kingston and Frankston. His training has been in educational psychology as well as psychotherapy.

Whilst specialising in marriage and relationship issues; anxiety and depression, post traumatic stress and coping with addictions have also been a significant part of his work.

A background in teaching gives him an affinity with teenagers and how they work within the family setting.

Questions & Answers

What is a registered psychologist?

All psychologists have completed a minimum of six years training, and are legally required to be registered with the Psychologists Registration Board in their state or territory.

They aim to reduce distress, and enhance and promote emotional wellbeing.

Not all Counsellors or therapists are registered Psychologists.

What issues can be addressed in counselling?

Any issues to enhance emotional and psychological wellbeing, including

- ◆ Self-esteem and personal growth
- ◆ Relaxation
- ◆ Marriage and relationship issues
- ◆ Depression, anxiety and panic attacks
- ◆ Trauma
- ◆ Loss and grief
- ◆ Workplace difficulties
- ◆ Alcohol and drug misuse

How much does it cost?

The cost can vary. Fees are a matter of discussion. However, fees are designed so that access to counselling is not denied to people on low incomes.

- ◆ If you are referred by your General Practitioner under a Health Plan, Medicare Rebates apply.
- ◆ If you have private health cover, talk to your health provider about rebates available for psychological services.